



Irritable Bowel Syndrome, also known as spastic colon, is a condition that affects 1 out of 5 Americans. It is the most commonly diagnosed digestive disorder in the United States. Its symptoms usually first appear between the ages of 15 and 42. Women are more often affected by the condition than men. IBS does not permanently damage the intestines and does not result in cancer. However, treatment of IBS using supplements such as Bowtrol is widely recommended, as it considerably impacts quality of one's life and overall health.

Common IBS symptoms:

- Bloating
- Weight Irregularity (weight gain)
- Abdominal pain
- Diarrhea
- Constipation
- Abdominal discomfort

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There is no specific test for IBS, generally a full medical examination is required during which your doctor will have to pay close attention to the symptoms you describe. If you want to see a doctor in regards to this condition for the first time, we suggest you write down when and how your discomfort appears. Noting your symptoms will help the doctor with the diagnosis. As well, doctor may perform a colonoscopy or sigmoidoscopy to look inside your colon. This sort of intervention is not very painful , but involves considerable discomfort. To use bowtrol colon cleanser, you don't need prior diagnosing, as it is a risk-free treatment made from 100% natural ingredients.

IBS can be developed as a reaction to stressful life events or due to a bacterial, gastric infection. As well, IBS can appear with time caused by organ's maturity. IBS can appear and disappear without presence of any other medical condition or concern. Some people report that their symptoms worsen with time, while others say discomfort stops periodically. It is crucial to find the right approach to treat IBS, because it will benefit one's health immensely. When person's colon overly reacts to a stimuli, such as certain foods or stress factors, it is often easier to neutralize the reaction than the stimuli itself. Without making too many sacrifices it is possible to tame one's bowel movements. Bowtrol colon cleanse does just that. That is why colon cleansing treatment is regarded as the optimal cure for IBS.

Potential treatments for IBS:

- Colon cleansing supplements
- Psychotherapy
- Diet
- Acupuncture
- Herbal additives
- Probiotics

Because many interventions require extensive budget and time investments, more people look for quicker, yet better ways to deal with IBS. You don't have to exclude all dairy, fruits and fiber-rich products from your diet, you just have to revitalize your colon by way of cleansing. You can treat IBS without any medical intervention or surgery. Currently, bowtrol colon cleanser is known as one of the best IBS treatments available on the market. Bowtrol colon cleanse, is a

herbal product that is intended to calm the digestive system, prevent intestine walls from contracting and regularize bowel movements.

Effects of bowtrol colon cleanse:

- Elimination of parasites from the digestive system
- Detoxification of the digestive system
- Stops sudden intestinal contraction
- Allows weight regulation
- Prevents psychological distress caused by IBS

The easiest way to illustrate how bowtrol colon cleanse works is to compare it with the process of pasteurization. You can wash baby bottles, but nothing will kill the bacteria as keeping it over steam or boiling them. You could rinse it with bleach, which will destroy all living organisms and bacteria, but it will also harm your baby. Or you can pasteurize the bottle and it will be of the same effectiveness, minus the side effects. Bowtrol colon cleanse is a way to safely cleanse your colon and stop the stomach aches, without experiencing any side effects.

Bowtrol colon cleanse is also an effective weight loss solution because it liberates the intestines and favors better digestion. Sometimes such an annoying problem as IBS, can be solved with as little effort, as a herbal intake of Botrol colon cleansing supplements.

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